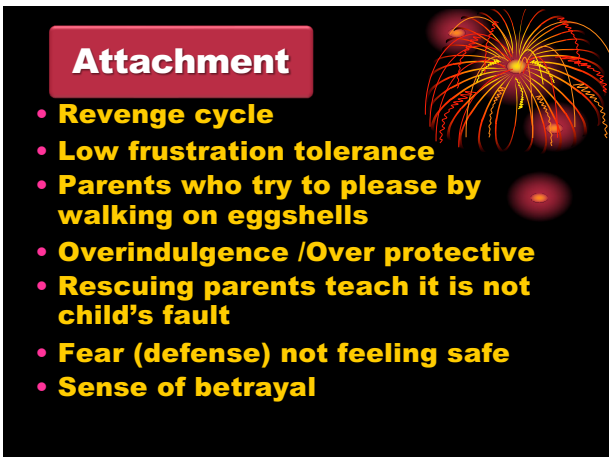




1



2



3

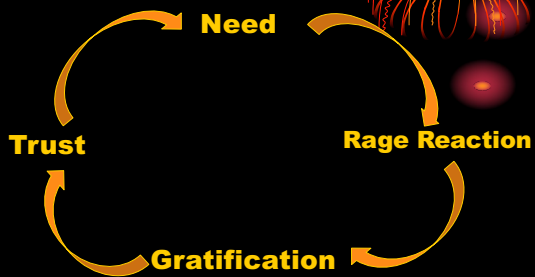
Attachment

- Heart to heart connection with a primary caregiver changes the brain.
- Lack of attachment causes damage to development.
- When the brain wiring is messed up abnormal behavior is the result.
- Must have someone they TRUST in order to bond.
- Requires a loving adult, strong enough to not be manipulated or controlled.



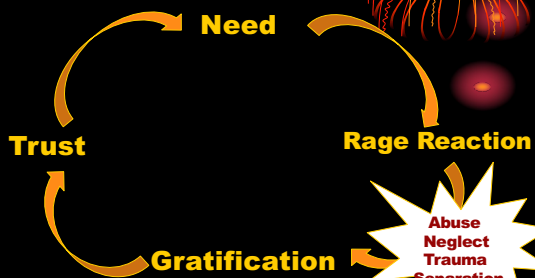
4

First Year Cycle

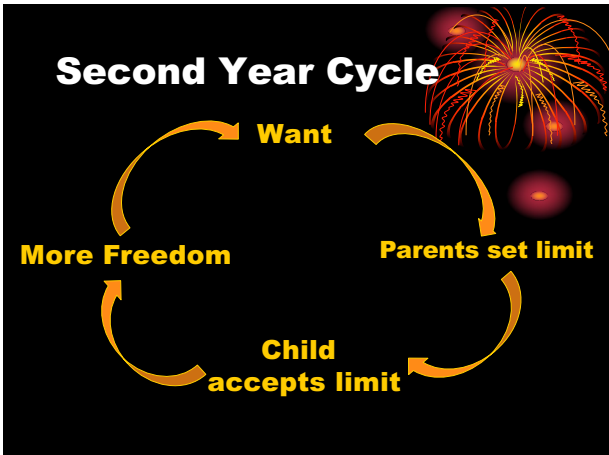


5

First Year Cycle



6



7

Oprah Winfrey

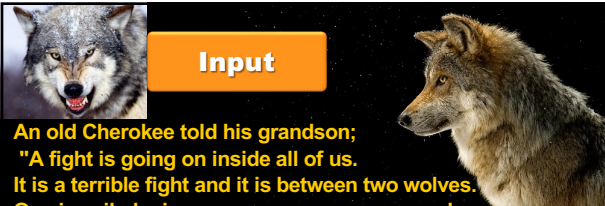
- “If you don’t fix the hole in the soul, the thing that is where the wounds started, you are working at the wrong thing!”

8

Frustration Tolerance

- Built little by little with appropriate limit setting in toddler years
- Fit throwing is normal at first
- Parents help to accept & regulate emotions
- As frustration tolerance is built there is less and less fit throwing
- Self regulation builds each time
- Fit throwing stops as CHILD learns to regulate self

9



Input

An old Cherokee told his grandson;
 "A fight is going on inside all of us.
 It is a terrible fight and it is between two wolves.
 One is evil - he is anger, envy, revenge, greed,
 arrogance, resentment, and lies." He continued,
 "The other is good - he is kindness, forgiveness, patience,
 generosity, truth, compassion, and faith. It is a fierce
 battle."
 The grandson thought about it and then asked, "Which wolf
 wins?"
 The Grandfather simply replied, "The one you feed."

10

Input **Toward Evil**



- **Video games**-they push the button to initiate the carnage & killing
- **Inappropriate movies**- 200,000 acts of violence, 40,000 murders viewed by age 18 in US
- **Inappropriate TV shows**
- **Fighting adults in home**
- **Music, angry , demeaning, violent**
- **Books (murder, sex, vampires)**
- **The NEWS!**

11

Input **Toward Good**



- **Family games**
- **Gardening**
- **Cooking, baking together**
- **Building & creating things/gifts**
- **Reading great books about good people**
- **Camping/hiking enjoying nature**
- **Work with a dog or horse**
- **Community service**

12

Poison

- **Lead**-ADHD, impulsivity, aggression, inability to inhibit inappropriate responding, juvenile delinquency and criminality
- **Arsenic**- depression, anxiety, OCD, social deficits, mood disorders, schizophrenia, anorexia, cognitive impairments, ADHD, autism
- **Aluminum**-antisocial behavior&learning disabilities
- **Copper**- paranoia, violence, hallucinations
- **Caffeine**
- **MSG**-obesity, reproductive disorders, behavioral disorders, learning and memory disorders, epilepsy, and schizophrenia.
- **Aspartame** (Equal or NutraSweet) Children's brainsX4 to ADD-ADHD-type symptoms, impaired learning, depression.

13


Poison

- **Caffeine**-reduced blood flow to the brain, anxiety, mania or psychosis, confusion, depression
- **Pornography** rewires the brain, addictive, hurts relationships, twists normal, physical damage
- **Alcohol** may increase violent behavior and is involved in half of all murders, assaults and rapes.
- **Glyphosate**

14

Poison
Glyphosate

By interfering with the biochemistry of bacteria in our GI tract, consumption of glyphosate depletes essential amino acids and predisposes humans to a host of chronic health problems. Specifically, glyphosate depletes the amino acids tyrosine, tryptophan, and phenylalanine, which then contribute to obesity, depression, autism, inflammatory bowel disease, Alzheimer's, and Parkinson's.




15

Low Tyrosine

Symptoms include:

- **Apathy**
- **Depression**
- **Lethargy**
- **Mood disorders**




16

Low Tryptophan

Symptoms of low levels of Tryptophan:

- Craving carbohydrates especially sugars
- Sleep problems including insomnia
- Depression & decreased motivation
- Anxiety & anxious thoughts
- Withdrawal from social life
- Hopelessness
- Severe cognitive imbalances like Dementia
- Agitation
- Mood swings
- Obsessive behavior
- Inability to focus
- Poor memory




17

Low Phenylalanine

Symptoms:


- **Mood swings**
- **Confusion**
- **Decreased alertness**
- **Faulty memory**
- **Depression**
- **Lack of energy & motivation**



18

Fuel


- **Vitamin Deficiency**
- **A** - schizophrenia, apathy, hallucinations and delusions
- **D** - depression and panic. Essential for the production of serotonin for will power, and delayed gratification
- **B₁**- impulse control, aggression, depression, irritability, confusion and loss of memory, insanity & sensitive to criticism
- **B₃**- dementia, anxiety, hyperactivity, depression, fatigue, insomnia and hallucination—Natasha Campbell-McBride, MD



19

Fuel

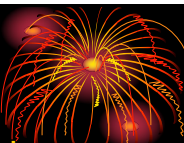
- **B₆** -mental illness, psychiatric disorders leading to violence
- **B₁₂**- irrational anger, depression, poor concentration, severe agitation, & hallucinations
- **B₅**- insomnia, easily upset, irritable, quarrelsome, sullen and depressed
- **Magnesium**-aggressive behavior, dementia and schizophrenia.
- **Iron**-is necessary for the synthesis of neurotransmitters and myelin that covers the nerves, and is critical during pregnancy in relationship to the IQ of the child.



20

Fuel

- **Mineral Deficiency**
- **Magnesium**-aggressive behavior, dementia and schizophrenia
- **Iron**- needed for synthesis of neurotransmitters and myelin that covers the nerves, and is critical for IQ development in the unborn
- **Zinc**- suicide, anger, aggression, hostility, violence
- **DHA**, (a fatty acid) violent behavior and alcohol dependence



21

Nikolas Cruz



**Misdiagnosed, Wrong treatment/Medication
Lost Attachment, leadership and support
Sleep? Diet? Poisons? Input?**

22

**Prozac: the New Ammo
for Mass Shooters**



23

Medication

Are Psychiatrists Prescribing the Smoking Gun That Fuels The Fire?

Dr. Bridget Melson 02/21/2018

Shooter(s) ~ Drugs prescribed:

Dylan Klebold & Eric Harris age-Columbine Shooting - Zoloft & Luvox
 Jeff Weise-Killed family members, 10 students, wounded 12 ~Prozac
 Cory Baadsgaard—held 23 classmates hostage with a rifle ~ Paxil
 Chris Fetters age 13—killed family members ~ Prozac
 Christopher Pittman age 12—killed family members ~ Zoloft
 Kip Kingle—shot parents, classmates, injured 22 ~ Prozac
 Jason Hoffman—shot classmates ~ Effexor
 Elizabeth Bush—school shooting ~ Paxil
 Luke Woodham—killed family and students ~ Prozac
 Nikolas Cruz- Killed 17 students & teachers ~ unidentified SSRI

24

Side effects of Prozac & SSRIs

- Confusion
- Nervousness
- Mania
- Mood changes
- Loss of reality
- Loss of memory
- Suicidal thoughts
- Hyperactive behavior
- Agitation
- anxiety

25

Side effects of ADHD meds

- Sleep problems
- Irritability
- Increased risk of psychiatric problems
- Hallucinations
- Extreme aggression
- Mania

26

Leadership

Loving Leadership provides:

- Feeling safety
- Guidance
- Moral compass
- Conscience development
- Builds self image
- Creates confidence

“We must be warriors for our children not weenies” Bandy

27

Conscience



28

Conscience



29

Conscience



30

Stages of Internalization



Foster Cline, MD

- > "I'll take it" (1-3 years old)
- > "I would take it but dad (mom) would kill me!" Parents seem all powerful, power and mental ability(2-5 years)
- > "I would take it but my parents might find out." (5-7 years of age)
- > "I would take it, but If mom found out she'd be upset." (6-9 years of age)
- > "I would take it, but I don't feel good about doing things like that." (7-11 years of age)

31

Prepare for Violence



- Self Defense course
- Show no fear
- CPI (Crisis Prevention Intervention)
- Weapons secured
- Guns triple locked
- Knives easily inventoried
- Matches LOCKED or lighter in sight

32

The Plan of Action:



- Attach with loving leadership and tight structure. Invest time and attention with clear boundaries and closeness
 - #1 Boundary is RESPECT!
 - 12 Hugs every day
 - 3BI for correction NO punishment
- Test for poisons & eliminate
- Remove evil input, increase Positive input. Plan it!

33

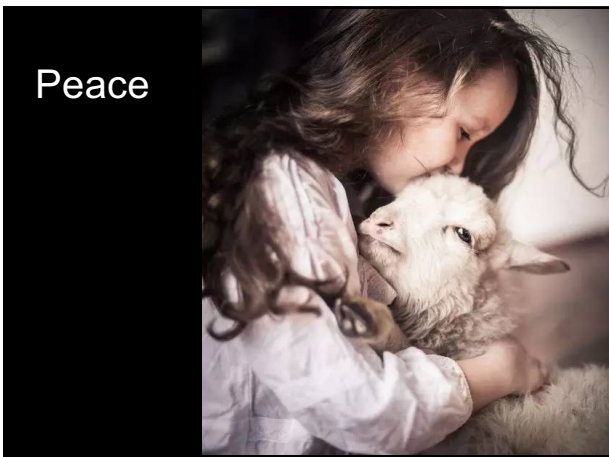
Plan of Action cont....

- Fuel the family with healthy family meals together buy Nourishing Traditions by Sally Fallon
- Provide loving leadership with clear direction and example
- Build the conscience by being a powerful loving leader

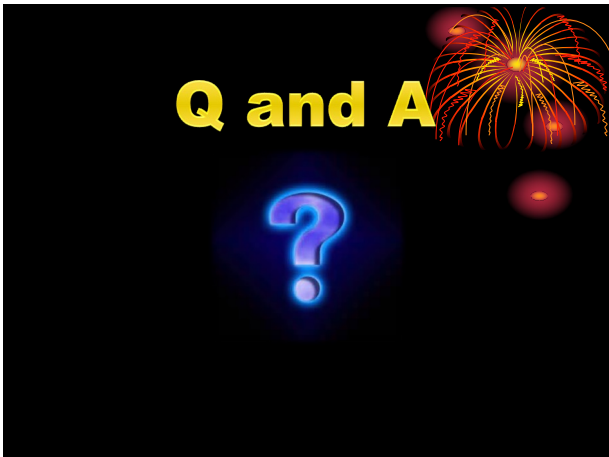
34



35



36



37



38
